



ATHLETE CODE OF CONDUCT FOR NANCY GREENE, U10 and U12 ATHLETES

Alpine ski racing is an exciting and highly competitive sport. It is important for everyone involved to remember that fair play and mutual respect are essential parts of any competition. In recognition of this, the Outaouais Ski Zone and Vorlage Racing Club ("VRC") introduce the following Code of Conduct for Nancy Greene, U10 and U12 Racers:

1. I will **respect** myself, my teammates and racers from other clubs, coaches and officials.
2. I will **remember** that I represent Vorlage Racing Club and all of the Club's members.
3. I will **control** my behaviour and remember that my actions have impact on others.
4. I will **respect** the rules.
5. I will **remember** that winning is important, but not as important as working hard to improve my skills, doing my best and having fun with my friends.
6. I will **acknowledge** all good performances – those of my team and of other teams.
7. I will **respect** the coaches and officials and accept their decisions.
8. I will remember that as a member of my race team I should **set an example** of safe and responsible skiing and always respect rules of the mountain.

I **understand** that on training trips a violation of the rules listed above may result in the Vorlage Racing Club requesting an athletes' immediate dismissal from the trip and a loss of privilege to travel with the team in the future.

I **understand** that if I do not follow this Code of Conduct the coach may require that I be removed from training or racing. This will always be done through open communication with the athlete and guardian(s).

I understand these rules and agree to abide by them and respect them while participating in any programs or events with the Vorlage Racing Club including training days, race days and camps.

Athlete Name

Parent Signature

Date